

HEALTHY COUNTY INVITATIONAL TEAM STEPS CHALLENGE



Healthy County Invitational Team Steps Challenge

Keep working toward well-being by participating in the Healthy County Invitational Team Steps Challenge.

Plus, for completing the challenge, you'll earn \$15 in the Healthy County Rewards.* You can earn up to \$75, redeemable for merchandise or gift cards, for completing healthy activities, completing annual or preventative exams and much more.

Don't forget to complete the ONE Health Assessment to unlock your Healthy County Rewards earning potential.

Here's how it works

- **Registration:** August 5 – August 18
- **Warm-Up:** August 12 – August 18
- **Contest:** August 19 – September 22
- You will be part of a five-person team that competes against a new team each week for five consecutive weeks. Log steps for 4 of 5 weeks of the challenge to earn \$15.
- Track your progress on the Healthy County wellness portal.

CONTEST TIPS

- For the best experience, download and connect through the Wellness At Your Side app. Earn \$5 the first time you download the app. Connection code: **county**.
- Sync your device to WebMD ONE to automatically track your progress. Earn \$5 the first time you sync your device.
- If you sync a device, log in regularly to ensure your steps or minutes are recorded.

PARTICIPATE IN THE HEALTHY COUNTY INVITATIONAL TEAM STEPS CHALLENGE

To learn more, go to Rewards page on www.county.org/WebMDONE

Scan the QR Code to download the Wellness At Your Side app, connection code: **county**.



Questions? Call WebMD Customer Service at (877) 855-9430, Monday – Friday 7:30 a.m. – 7:00 p.m. CT or click “Contact Us” at the bottom of the website page.

*Complete the ONE Health Assessment to be eligible to earn rewards.