



# Expect skills, not rules.

Learn weight loss skills based  
on behavioral science.



There's a reason fad diets and the rules that come with them don't work. Healthy County is offering Wondr™, a science-based digital weight-loss program that teaches you lifelong skills on how to eat the foods you love, lose weight, and keep it off—at no cost to you.\*

**Space is limited.**

**Learn more at [wondrhealth.com/healthycounty](https://wondrhealth.com/healthycounty)**

Sign up between 8/19/2024 - 9/1/2024.

The program begins on 9/16/2024.

\*Restrictions and eligibility info can be found at [wondrhealth.com/healthycounty](https://wondrhealth.com/healthycounty)